

What you notice matters

Time at the bedside can reveal how symptoms, uncertainty and caregiving demands affect patients and families.

Nurses, social workers, case managers and other colleagues bring these observations to the treating team.

Symptoms during daily care

"Her pain is disrupting sleep and personal care. Would you consider Pelikan Health for symptom management?"

Questions about recovery

"The family is unsure what recovery may look like or how much care she will need. Could your team involve Pelikan Health in that conversation?"

Bilal Malek, MD

Fellowship-trained in Hospice and Palliative Medicine; dual board-certified in Hospice and Palliative Medicine and Family Medicine.

He listens to understand each person, explains illness and options honestly and compassionately, and helps families prepare for decisions ahead.

Faculty at Wayne State University and Michigan State University. VitalTalk faculty.

Consult requests: call

(248) 621-4581

Fax (248) 621-4582

General service questions

info@pelikanhealth.com



pelikanhealth.com

Consult information & hospital coverage.



HOSPITAL-BASED CONSULTATION

Expert Palliative Medicine. Compassionate Care.

Difficult symptoms. Treatment decisions. Family conversations.



Call Pelikan Health

(248) 621-4581

When to consult

Consider consultation for:

Difficult symptoms

Pain, breathlessness or nausea that remains difficult to control.

Treatment decisions

Help weighing treatment choices against the patient's priorities.

A changing course

Repeated admissions or declining function prompt a review of treatment goals.

Patients and families can ask their hospital team whether consultation could help.

How Pelikan Health helps

Symptom management

Recommendations for relief of distressing symptoms.

Treatment discussions

Prognosis and treatment choices in the context of the patient's priorities.

Family meetings

Help patients, families and the treating team discuss the illness and decisions ahead.

Care planning

Treatment preferences that guide ongoing care and discharge planning.

Consultation complements ongoing treatment. Recommendations are shared with the treating team.

Request a consult

The attending physician, another consulting physician, or their APPs may request a consultation.

Call Pelikan Health to arrange the consultation and coordinate the appropriate hospital order.

Nursing, social work, case management and other staff: share your concern with the treating team and ask them to consider requesting Pelikan Health.

Call Pelikan Health

(248) 621-4581